

**coles**



**2024 Coles Australian Little  
Athletics Championships**

**Athlete Information  
Booklet**

**SA Athletics Stadium, Adelaide  
Friday 26<sup>th</sup> – Sunday 28<sup>th</sup>  
April 2024**

# 2024 Coles Australian Little Athletics Championships

## Venue Details

SA Athletics Stadium, Marjorie Jackson Nelson Dr, Mile End South, Adelaide

Google Maps: Click [Here](#)

## Venue Entry

Entry is free each day. Everyone is welcome to attend all activities, including Friday. Gates will open at 7.30am on the days of competition.

## Teams Welcome & Track Familiarisation – Friday 26<sup>th</sup> April

The 7 Member Associations have been split into 2 groups, to assist with the number of athletes at any one time on the Track, and the Teams Welcome.

- **Group 1 – VIC, ACT, TAS, NSW**
- **Group 2 – WA, QLD, SA**

**Group 1** arrives by 1.45pm, Track Familiarisation 2.05pm – 2.50pm, Teams Welcome at 3.05pm.

**Group 2** arrives by 2.15pm, Teams Welcome at 2.30pm, Track Familiarisation 2.50pm-3.35pm.

All athletes back to Teams Area for final preparations prior to leaving at 4.00pm.

## Opening Ceremony – Saturday 27<sup>th</sup> April

Each Team can decide either the Hoodie or Jacket, and Track suit pants, to be worn for the March Past, but it must be the same for all within the Team.

All athletes on the Track at **8.20am**, in readiness for the Opening Ceremony. Teams Assemble at the **150mt start line**, in preparation for the March Past, in order of, **VIC, ACT, TAS, NSW, WA, QLD, SA**.

Teams prepare to march with **7 Athletes across on the lines of lanes 2- 8**, with the 2 Team Captains carrying the Member Association Vinyl Banner, which will be provided by Coles Little Athletics Australia. Teams are to be separated by 10mts, when commencing the March Past at 8.30am.

Opening Ceremony concludes with the Team Chants in order, around 9.00am.

## Competition Day 1 – Saturday 27<sup>th</sup> April

Following the Opening Ceremony, athletes can warm up prior to the first Call Room at 9.20am with the first Event at 9.35am, and the last Event on Day 1 is at 5.30pm.

## Competition Day 2 – Sunday 28<sup>th</sup> April

Athletes can warm up prior to the first Call Room at 8.35am with the first Event at 8.55am, and the last Event on Day 2 is at 4.30pm.

## Closing Ceremony – Sunday 28<sup>th</sup> April

Following the last event on Day 2, the Closing Ceremony will be held, and Trophies presented. Teams and Officials will assemble on the track, with the athletes in lanes 2 and 3 starting at the 200mt mark. Athletes are to intermingle, not in Team order.

It is expected to commence around 4.50pm.

## Carpark

Parking is available at the venue, free of charge. Overflow parking is also available next to the track at the SA Netball stadium. The construction of the new car park is almost complete, it has been advised that it will be open prior to ALAC.

## First Aid / Physio

First Aid will be provided during the 3 days of the event, looking after the basic first aid requirements. The First Aid room is located at the finish line end under the main grandstand.

There will be three physio's providing injury assessment, taping and massage for the athletes, during the 3 days of the event. They will be located near the Call Room and entrance to the Warm up track. There will be a triage process, with athletes requiring immediate assistance given priority, due to upcoming events or level of injury.

## Catering

There is a Café serving food and drinks located at the top of the grandstand. A food truck and coffee van will be located behind the grandstand. Eskies - food and drinks, can be brought into the venue.

All Athletes will have access to fruit and snacks, from the sponsors, Coles and Sunbeam Foods, plain bottled water, and from the ALAC sponsor, Raw C – Coconut Water.

The athletes' lunches are supplied by the Member Association, depending upon the arrangement in place. Athletes are advised to bring along a drink bottle and then fill up as required, to minimise any potential swapping of water bottles or wastage.

## Merchandise

Official ALAC Merchandise is available online to Pre-Order. The online portal is now open, [Online Shop link](#). The online portal will close on **Monday 22<sup>nd</sup> April at 11.59pm**.

The merchandise will be packed individually and boxed per Member Association. The items will be available for collection from the Team Management on Friday at the track. Sports Centre will have a pop up shop at the venue during ALAC with limited supplies.

The screenshot displays the 'Merchandise Page' for the 'COLES AUSTRALIAN LITTLE ATHLETICS CHAMPIONSHIPS' at 'SPORTS CENTRE'. The page ID is 'MC01049'. The items listed are:

- Event Tee** (HL SR1S) - \$45
- Event Long Sleeve** (HL SR1SLS) - \$55
- Event Singlet** (HL SR05A) - \$40
- Hoodie** (RAMO TP212H/TH22UN) - \$80
- Tactic Short** (BZ ST011M/ST012L/ST011K) - \$60
- Polyester/Mesh Cap** (GR41V15) - \$40
- Bucket Hat** (GR41A031) - \$40
- Button Pin** - \$6
- Keyring** - \$8
- Drinking Bottle** - \$15
- Can Holder** (SH SCHW80) - \$10

## Uniforms & Bibs

All athletes must wear the Uniform approved by LAA.

Athletes may wear a short-sleeved t-shirt under their competition singlet if they choose, however it must be plain white or the same colour as the competition top and have no other branding showing, other than the approved suppliers logo.

Athletes may wear bike or compression pants underneath their competition shorts, however only non-branded bike/compression pants, or with the logo of the approved supplier, can be worn. The colour of these must be the same as the competition shorts or black.

Compression pants with branding or contrast stitching cannot be worn. Taping over logos is not permitted. If longer plain tights are worn under the shorts they need to be above the knee. Track suit pants cannot be worn in competition.

Athletes will be allowed to wear any competition socks they choose (including compression socks); however, all socks must be below knee height and compression socks must be either non-branded, or with the logo of the approved supplier. All socks must be designed to be non-offensive with LAA having the ability to determine final suitability.

Athletes will be provided with two bibs which during the competition must be worn visibly on the front and back of the torso, except in the jumping events, where one bib may be worn on the front only. The Bibs have the athlete's surname on them.









Team Managers will be given the athlete bibs and pins on Friday at the Teams Welcome.

## Spikes

Athletes in the U13, U14 and U15 age groups can wear spikes in all Track Events, except Race Walking. Spikes can also be worn in all Jump Events, and Javelin. Shoes can only have 2 blanks / slugs installed, with all holes filled.

The maximum allowable spike length is **7mm for the Track**, and **9mm for Field events**.

**Christmas Tree, Pyramid** and **2 Step HJ / Jav** spikes shown are permitted only. **Needle, Pin** or **Modified Christmas Tree** spikes, and other variations are Not permitted.

Christmas Tree & Pyramid		High Jump / Jav Spike		
				
<b>4 - step</b>	<b>Conical</b>	<b>2 - step 1 short &amp; 1 long</b>		
<b>Permitted</b>		<b>Permitted</b>		
Needle	Pin/Tartan Needle	Modified Christmas Tree / Compression		
				
All sizes	All sizes	3-step	4- step	4-step
<b>Not Permitted</b>	<b>Not Permitted</b>	<b>Not Permitted</b>		

A crouch start, or a standing start may be used by the Starting athlete. **Athletes wearing spikes cannot do a crouch start without using blocks.**

## Warm Up Facilities

The Warm up track is behind the Call room area near the Teams Area. Athletes will not be allowed to use the back straight or jump pits for warm up.

Construction is still underway; however, it is expected to have all areas open prior to ALAC, with new facilities for Discus, Shot Put and Javelin.

Due to the layout, access to the Warm up will be via a fenced off area to minimise the risk of walking onto the track in front of athletes. Particular attention must be paid to ensuring the safety of all athletes.

Starting Blocks, Hurdles, and Throwing implements will be made available to use. Athletes can bring along their own Warm up equipment to use, however, it should be discussed with Team Management on how it is transported, stored etc.

**Private implements cannot be used in Competition.**

## Check In

There is no Athlete Check In for ALAC.

## Call Room Times

Athletes must be in the applicable Call room prior to the closing time for each event as below for all age groups, including the Combined Events.

The Call Rooms will be located inside the Change Rooms at the entrance of the Warm Up Track. There will be a separate Track and Field Change Room. Toilets are located both on the outside and inside of the Call Rooms.

**Jumps Events: 25mins** prior to the Jumps event scheduled time.

**Throws Events: 20mins** prior to the Throws event scheduled time.

**Track Events: 15mins** prior to the Track event scheduled time.

Multi-Class Assistants/Guide Runners must present with their athletes, at the times listed above.

Athletes will not be called over a PA, they must be at the applicable Call Room at the allocated time.

## High Jump Starting Heights

Age Group & Event	Girls	Boys
U13 T&F	1.20m	1.30m
U14 T&F	1.25m	1.35m
U15 T&F	1.30m	1.40m
U15 CE	3cm intervals from 1mt	3cm intervals from 1mt

The height of the bar is raised by 5cm increments until 6 athletes remain, then 2cms, until only 1 athlete remains. The 1 remaining athlete can choose the increments or height.

**U15 Combined Events** athletes, the benchmark of one (1) metre will be used, with the starting height being in 3cm intervals from one metre.

Each bar increment will be at 3cm intervals, throughout the entire competition.

## Ties

In all Field Events, if the athletes are equal after the application of the count back rules, the athletes concerned will be awarded the same place, including 1<sup>st</sup>.

## Field Event Time Limits

The athletes allowable time to commence their trial is shown below. All rounds are 60 seconds, except in High Jump, the times are adjusted when there are 3 or less athletes still competing, and again when only 1 athlete is left. In Seated Throws for Multi-Class, there are adjustments for consecutive trials.

In all rounds, with 15 seconds remaining in the time allowed, a Yellow Flag will be raised. If the athlete hasn't commenced their trial, once the Yellow Flag is dropped, the Chief will raise a Red Flag to indicate an invalid trial.

Track & Field	High Jump	Other Field Events
All rounds of Competition	60 seconds	60 seconds
Only 2 or 3 athletes left	1 min 30 seconds	60 seconds
Only 1 athlete left	3 minutes	Not applicable
Consecutive Trials	2 minutes	2 minutes – Multi-Class seated throws

Combined Events	High Jump	Other Field Events
All rounds of Competition	60 seconds	60 seconds
Only 2 or 3 athletes left	1 min 30 seconds	60 seconds
Only 1 athlete left	2 minutes	Not applicable
Consecutive Trials	2 minutes	Not applicable

## Field Events

In the Horizontal Jumps, plasticine indicator boards will not be used.

### Long Jump

Take off board is 2mts from edge of pit.

**Multi-Class** athletes only, there will be 1 Take off board, marked 1mt from edge of pit. If there are T11-12 athletes, a 1.22mt mat covered with sand will be used.

### Triple Jump

U13 athletes will have 3 boards available, 7mts, 9mts and 11mts.

U14 & U15 athletes will have 2 boards available, 9mts and 11mts.

### Number of Trials

U13, U14 & U15 athletes, except High Jump, will have 3 trials, and the Top 8 will have 1 additional trial. The additional trial will be in reverse order.

Multi-Class athletes will have 4 trials in all events, no reverse on last trial.

U15 Combined Events athletes, except High Jump, will have 3 trials only.

## Track Events – Heats, Timed Finals or Final

**U13** athletes, up to and including the 200mt Hurdles - 2 Heats and 1 Final; 400mts - 2 Timed Finals; 800mts, 1500mts, 1500mts Race Walk and Relays - 1 Final.

**U13 Multi-Class** athletes, all events are either Timed Finals or 1 Final, depending on entry numbers.

**U14** athletes, up to and including the 200mt Hurdles - 2 Heats and 1 Final; 400mts - 2 Timed Finals; 800mts, 1500mts, 1500mts Race Walk - 1 Final.

**U14 Multi-Class** athletes, all events are either Timed Finals or 1 Final, depending on entry numbers.

**U15** athletes, up to and including the 300mt Hurdles - 2 Heats and 1 Final; 400mts - 2 Timed Finals; 800mts, 1500mts, 1500mts Race Walk - 1 Final.

**U15 Multi-Class** athletes, all events are either Timed Finals or 1 Final, depending on entry numbers.

**U15 Combined Events** athletes, all Track events are 1 Heat only.

### Seeding & Ranking of Track Events

**U13** athletes, Heats are random with one athlete from each Team in each Heat. The winner of each heat, plus the next 6 fastest performances across each heat, will progress to the Final of 8.

**U14 & U15** athletes, Heats are seeded based on performances achieved in the selection meet, according to the ALAC Competition Regulations. Where there are 2 Heats, 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> in each heat, plus the next 2 fastest performances across each heat, will progress to the Final of 8.

Multi-Class athletes will have random seeding in each Timed Final if required and lane allocation will be random.

Only the athletes that qualify for the Final after the heats have been completed will compete in the Final. Other athletes will not progress to the Final if qualified athletes withdraw due to injuries or other reasons.

### Timed Finals

The seeding will be based on the Athlete's performance achieved at their Association's State Track & Field Championships, or where they did not compete in that event, their season best shall be provided. If no performance is provided, athletes will be ranked last.

The Final with the lowest ranked athletes will be run first and the final with the highest ranked athletes running last. Within each final, the lane allocation will be seeded.

Final placing will be based on the performances from all Finals.

### Relays

U13 athletes compete in the following Relays.

4 x 100mts & Swedish Medley Relay, in the following order - 100mts, 300mts, 200mts, 400mts.

In the Swedish Medley Relays, the first 100mts is run in lanes, starting at the 200mts start line, the first change occurs on the bend at the beginning of the front straight in the 30mt changeover zone, the second athlete running the 300mt leg, can leave their lane, once they reach the breakline on the front straight, which will have lane cones marking the position.

The second change occurs back at the 200mts start area, unlaned within the 30mt changeover zone. The last change is unlaned, occurs within the 20mts changeover zone at the finish line, with the last athlete running the 400mt leg.

## Mixed Competition

LAA may combine age groups or genders where warranted. Athletes will use the correct implement specification for their age group and gender and be judged and awarded for their age group and gender. Separate medals will be presented.

## Australian Best Performance & Meet Record

LAA will be responsible for submission of all ABP paperwork.

An ABP can be claimed by athletes in the U13, U14 and U15 age groups, except Multi-Class.

A permanent record of best performances set for each event at ALAC will be kept, known as a Meet Record. Multi-Class results will be used to set the benchmark for Meet Records only.

## Event Numbers and Structure

**U13** athletes can compete in a maximum of 6 events, including both Relays.

**U13 Multi-Class** athletes can compete in a maximum of 6 events.

**U14 & U14 Multi-Class** athletes can compete in a maximum of 6 events.

**U15 & U15 Multi-Class** athletes can compete in a maximum of 6 events.

**U15 Combined Events** athletes compete in 7 events.

In all age groups, a maximum of 2 athletes per gender, per Member Association can compete in each event.

In the U15 Combined Events, a maximum of 1 athlete per gender, per Member Association.

**U15** athletes can only compete in either the Track & Field Championships or the Combined Events Championships, not both.

All athletes are eligible to score points for their Team.

## Athlete Substitutions

After the closing date for entries, an athlete may be substituted in the **U13 Team** or **U15 Combined Events Team** up to 2 days prior to the first day of competition. After this time, an U13 athlete can only be substituted in an **event** by an athlete already named in the U13 Team.

In the case of U15 Combined Events Athletes, an athlete can only be substituted by another athlete already named in the U15 Track & Field Championships, however they cannot compete in both, and must choose prior to the first event of the competition.

## Athlete Withdrawals

Only **U14** and **U15** athletes, including Multi-Class competing in the Track & Field Championships are required to advise if they are withdrawing from events.

After the closing date for entries, an athlete may withdraw from any event up to 2 days prior to the first day of competition. After this time, **U14 & U15** athletes that wish to withdraw from an event, must advise the **Teams Liaison** prior to the closing time of the Call Room for that event.

The Team Management will be supplied with Withdrawal forms for the **U14** and **U15** athletes, that is to be submitted to the Teams Liaison.

## Event Clashes

A Clash Manager will be responsible for all clashes and will ensure that athletes are taken from one event to another. The Clash reports are created by LAA, once the final athlete entries are submitted, covering all age groups. They are sent to each Team Manager for their reference.



Each Field Event Chief Official will also have a copy of the clashes and will ensure the athletes have as many attempts as possible or warm up attempts, prior to leaving the Field event, under the supervision of the Clash Manager or Marshal.

Athletes can compete out of order and out of round in all rounds.

It is not permitted for an athlete to have two or more consecutive trials (with the exception of seated throws), nor can an athlete demand to have a trial that has been missed. **Note:** The first three rounds of trials must be completed, and a final eight determined prior to any other subsequent rounds of trials being commenced.

In High Jump, where a clash occurs, the Chief Judge may allow the athlete to compete out of order. The athlete re-joins the competition at the current height of the bar.

## **Trophies & Medals**

**U13 and U13 Multi-Class**, all athletes are awarded points based on their performance – place. The Top 3 athletes in each event, and in the case of Multi-Class, after the conversion of the Baseline tables, will receive a medal.

U13 and U13 Multi-Class athletes' points are added together, to decide the Trophy Winners.

- Trevor Billingham Trophy – Highest points score
- Alan Triscott Trophy – Points adjusted score

The winning Teams will receive a replica of the Perpetual Trophies to keep.

The winner of the Trevor Billingham Trophy is excluded from the Alan Triscott Final points structure. The same Team cannot win both Trophies.

A Team medal will be presented to the athletes of the Winning Team of each Trophy.

**U14 and U14 Multi-Class**, all athletes are awarded points based on their performance – place. The Top 3 athletes in each event, and in the case of Multi-Class, after the conversion of the Baseline tables, will receive a medal.

U14 and U14 Multi-Class athletes' points are added together, to decide the Trophy Winner.

- Dick Healey Trophy – Points adjusted score

The winning Team will receive a replica of the Perpetual Trophy to keep.

A Team medal will be presented to the athletes of the Winning Team of the Trophy.

**U15 and U15 Multi-Class**, all athletes are awarded points based on their performance – place. The Top 3 athletes in each event, and in the case of Multi-Class, after the conversion of the Baseline tables, will receive a medal.

U15 and U15 Multi-Class athletes' points are added together, to decide the Trophy Winner.

- New Trophy – Points adjusted score

The winning Team will receive a replica of the Perpetual Trophy to keep.

A Team medal will be presented to the athletes of the Winning Team of the Trophy.

**U15 Combined Events** athletes are awarded points both on their performance – place, for the Team points, and their actual performance for the Combined Events points.

The Team Trophy is:

- Life Members Trophy – Highest points score.

The winning Team will receive a replica of the Perpetual Trophy to keep.

The Top 3 athletes will receive medals based on their overall placing, once the points have been converted, using the World Athletics Combined Events tables.

A Team medal will be presented to the athletes of the Winning Team of the Trophy.

**In all age groups, the Trophies and Team medals will be presented in the Closing Ceremony.**

### **Presentations**

Medal presentations have been scheduled throughout the weekend immediately after the conclusion of events. The first 3 placegetters in each event once confirmed, both Track and Field, will be taken to the Medal Presentation Marshal point, under the main grandstand at the finish line end, after the completion of the event, except where ceremonies have been scheduled later.

Once the official results have been verified, the athletes will walk out from the Presentation Marshal point accompanied by the Presentation officials to the dais.

Member Association Competition **Single** with Bib, tracksuit pants, and runners, must be worn for medal presentations. The athletes' clothes will be taken to the finish line by the basket carriers for all Track finals. In Field events, the athletes should pack these other items in their bags.

### **Coaching**

**U13** athletes and **U13 Multi-Class** athletes – Coaching areas will be located inside the field of play, close to the event, with seats provided for Team Management only.

**U14, U15** athletes and **U14, U15 Multi-Class** athletes - Coaching areas will be located inside the field of play, close to the event, with seats provided for the Team Management only, or at dedicated coaching areas on the fence line for private coaching.

**U15 Combined Events** athletes – Coaching areas will be located inside the field of play, close to the event, with seats provided for Team Management only.

**U13 and U13 Multi-Class athletes, and U15 Combined Events athletes**, will only be permitted to receive coaching advice from accredited Team Management, inside the field of play.

**U14, U15** athletes and **U14, U15 Multi-Class** athletes, will be permitted to receive coaching advice from either the accredited Team Management, inside the field of play, or Private coaches located on the fence line in dedicated coaches' areas. The Team Management will determine the structure.

### **Multi-Class Parents / Carers / Assistants / Guide Runners**

Parents or Carers of Multi-Class athletes are not permitted onto the Track or at Field Events. Only approved Athlete Assistants / Guide Runners with accreditation will be allowed to enter the track or field site, to provide assistance, not Coach the athlete. Accreditation will be collected from the Team Liaison, who will issue a lanyard and a Purple Vest, that is to be worn.

The Teams must provide their own Assistants / Guide Runners for athletes.

Refer to the ALAC Competition Regulations for specific details.

## Teams Area

Parents, spectators, and private coaches will NOT be allowed access to the Team's area. There will also be other restricted areas around the venue where parents, spectators and private coaches will not be permitted, such as the Call Room and Presentation Marshal Point.

## Commentary

There will be commentators calling the events and introducing the athletes, where possible. There will also be live interviews with athletes after they have competed and group interviews in the Teams area.

The Medal presentations will be conducted separately from the main commentators.

To ensure the commentators have the details for each athlete, an online Athlete Bio portal is to be sent to each athlete to complete, with details such as their SB for each event, and PB, and some other information for the commentators to share. This portal is open and will close on **Thursday 11<sup>th</sup> April at 11.59pm**.

A form with the link has been sent to the Team Management to distribute to all athletes.

## Live Results & Team Points

The Results Hub platform, which links to the Meet Manager program to display Live Results, will be used. The link will be sent to all Team Managers for distribution, it will also be on the home page of the Coles Little Athletics Australia website, where other important information such as Maps, Timetables, Merchandise and Live Stream will be available.

Results Hub can be viewed on all devices, it will be available as an online program displaying the Start Lists in Heat, Lane, and competing order for the Field events, from the Thursday prior to the competition.

The results from Results Hub are only provisional, as they can change, especially for events such as the Race Walks and Relays, where the Officials need to confirm any disqualifications.

In the case of Multi-Class events, the results must be converted using the Baseline Tables, which could change the finishing order of athletes.

The results will not be printed or displayed, except a copy will be given to Team Management for their records. The Results Hub platform will display the official results once they are confirmed.

Team points in the U13 and U15 Combined Events only, will be announced periodically throughout each day.

A report listing progressive athlete points in the U15 Combined Events will be supplied to each Team Management after each individual discipline has been completed. This can be viewed in Results Hub as well.

The Team points will not be displayed in the Results Hub platform.

## Live Stream

The Live Stream at ALAC will have 3 separate streams operating, presented by KommunityTV.

Stream 1 covering Opening Ceremony, all Track events, and the Closing Ceremony.

Stream 2 covering selected Field events.

Stream 3 covering selected Field events and Medal presentations.

## What is KommunityTV?

KommunityTV lives within the metro and regional digital newspapers - listed below – which are the home of KommunityTV local sports stories and live streams.

Mastheads: Daily Telegraph, Herald Sun, Courier Mail, The Advertiser, Cairns Post, Townsville Bulletin, Gold Coast Bulletin, Geelong Advertiser, The Mercury, and NT News.

KommunityTV will provide the digital platform to Live Stream the 2024 Coles Australian Little Athletics Championships to KommunityTV's national audience, plus work with Little Athletics to write local stories about our athletes competing. And KommunityTV will produce those stories both in the lead-up to the event and during it.

## How do read the stories and watch the live action?


If you're already a full digital subscriber to any of the newspapers above - then KommunityTV is already included in your subscription. Just go to Sports -> Live Streaming -> and you'll see KommunityTV. Click on an ALAC story and off you go.

If you're not yet a full digital subscriber to any of the newspapers above - then there's two paths to get onboard.

a) Click on the ALAC story link (which is on the KommunityTV social pages) -> it will take you to a sign-up page and off you go!

b) Go to [KommunityTV.com.au](https://KommunityTV.com.au) -> sign up -> click on the ALAC story and off you go.

New subscribers to KommunityTV will be charged \$5 per week, with a minimum spend of \$20. A subscription gives people access to the action live and on-demand as well as all news, sport and entertainment content across their masthead of choice.



The graphic features a yellow and blue color scheme. At the top left is the Coles Australian Little Athletics Championships logo. The main title 'KommunityTV' is in large yellow letters. Below it, the text reads 'KommunityTV is your ultimate destination for the best in grassroots sports.' A dark blue button contains the question 'What do you get with KommunityTV?'. Below this, a white box states 'KommunityTV is part of News Corp Australia's metro and regional news site network.' Three yellow-bordered boxes describe benefits: 'READ' (Pre + post game coverage), 'WATCH' (Live stream on desktop + mobile), and 'DISCOVER' (Access the latest news). A section titled 'How do I start streaming?' provides instructions to visit the website and login or subscribe. A yellow box highlights the 'Current Offer: \$5 a week\* (min. cost \$20 charged every 4 weeks)'. A note asks if the user is already a digital subscriber to News Corp Australia's sites. At the bottom, a white box says 'For all events and times head to [kommunitytv.com.au](https://kommunitytv.com.au)' and social media icons for Facebook, Instagram, Twitter, TikTok, and LinkedIn are shown with the handle '@KommunityTV'.

 **KommunityTV**


KommunityTV is your ultimate destination for the best in grassroots sports.

**What do you get with KommunityTV?**

KommunityTV is part of News Corp Australia's metro and regional news site network.

**READ**  
  
**Pre + post game coverage:**  
Dive deeper into your game, your team and your rising stars with stories highlighting every angle.

**WATCH**  
  
**Live stream on desktop + mobile:**  
Watch your games live, plus replays available on demand.

**DISCOVER**  
  
**Access the latest news:**  
You get full digital access to News Corp Australia's metro and regional news sites, including the latest news, podcasts & more.

**How do I start streaming?**  
Visit [KommunityTV.com.au](https://KommunityTV.com.au), click on your livestream, login\* or subscribe and start watching!

**Current Offer: \$5 a week\*** (min. cost \$20 charged every 4 weeks)

\*Already a digital subscriber to one of News Corp Australia's metro and regional news sites?  
Head to [KommunityTV.com.au](https://KommunityTV.com.au) and start reading and watching anywhere in Australia.

**For all events and times head to [kommunitytv.com.au](https://kommunitytv.com.au)**

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## Scholarship Applications

The Sports Excellence Scholarship Fund (SESF) will independently administer the RAW C – All Natural Premium Coconut Water Little Athlete Scholarships for the 2024 Coles Australian Little Athletics Championships, which will assist Athletes who are experiencing financial hardship with travel expenses when attending the 2024 Coles Australian Little Athletics Championships in Adelaide from 26-28 April 2024.

Funded by a brand-new partnership between Coles Little Athletics Australia and hydration brand RAW C – All Natural Premium Coconut Water, Sports Excellence Scholarship Fund (SESF) will independently allocate equally the Scholarships to Athletes travelling to Adelaide from the Australian Capital Territory, New South Wales, Queensland, South Australia, Tasmania, Victoria and Western Australia.

### About SESF

The Sports Excellence Scholarship Fund (SESF) invests in the future of Australian sports by providing financial scholarships to support talented young athletes. SEFS's purpose is to deliver a scholarship program that provides:

- Financial scholarships of \$1,000 each to support school-aged athletes in representing their State of Country at sporting championships.
- Ongoing mentoring opportunities from former scholarship holders and SESF ambassadors.
- Education program through an online Masterclass series to support SESF athletes and school students.

### About RAW C

Founded in 2013 RAW C is proudly Australian-owned and provides the community with 100% natural coconut drinks and products. Committed to being not only 100% natural, all RAW C's products are also dairy-free, gluten-free and 100% plant-powered. RAW C operates with the mission to use only single-origin, fresh coconut water. No frozen syrups, concentrates, sugars, additives, sodium, or stabilisers.

### How To Apply

Athletes selected to compete at the 2024 Coles Australian Little Athletics Championships can apply by visiting the Sports Excellence Scholarship Fund website:

<https://sesf.org.au/application/>

# coles

National Naming Rights Partner



Preferred Apparel Partner



National Travel Partner



Recruitment Partner



IT Partner



Official Print & Digital Media News Partner



Official Streaming Partner



Charity Partner



ALAC Partner



ALAC Partner



ALAC Partner