2024 Coles Australian Little Athletics Championships
Provisional Schedule of Events

Sunday 28th April

Under 13

	BOYS TRACK	BOYS FIELD	GIRLS TRACK	GIRLS FIELD
8:30 AM				
8:35 AM				
8:40 AM				
8:45 AM			Call Room	Call Room
8:50 AM				
8:55 AM	Call Room			
9:00 AM			80mH Heat 1	
9:05 AM			80mH Heat 2	
9:10 AM	80mH Heat 1	Call Room		High Jump
9:15 AM	80mH Heat 2			
9:20 AM				
9:25 AM				
9:30 AM		Shot Put (3kg)		
9:35 AM				
9:40 AM				
9:45 AM				
9:50 AM				
9:55 AM				
10:00 AM				
10:05 AM				
10:10 AM				
10:15 AM				
10:20 AM				
10:25 AM	80mH Final			
10:30 AM				
10:35 AM			80mH Final	
10:40 AM				
10:45 AM				
10:50 AM				
10:55 AM		Triple Jump (7m/9m/11m)		
11:00 AM				
11:05 AM				
11:10 AM				
11:15 AM				
11:20 AM				
11:25 AM				
11:30 AM				
11:35 AM				
11:40 AM				
11:45 AM			400m Timed F 1	
11:50 AM			400m Timed F 2	
11:55 AM	400m Timed F 1			
12:00 PM	400m Timed F 2			
12:05 PM				
12:10 PM				
12:15 PM				
12:20 PM				
12:25 PM				
12:30 PM				
12:35 PM				
12:40 PM				
12:45 PM				Shot Put (3kg)
12:50 PM				
12:55 PM				
1:00 PM				
1:05 PM				
1:10 PM				
1:15 PM			100m Heat 1	
1:20 PM			100m Heat 2	
1:25 PM	100m Heat 1			
1:30 PM	100m Heat 2			
1:35 PM				
1:40 PM				
1:45 PM		Discus (750g)		
1:50 PM				
1:55 PM				
2:00 PM				
2:05 PM				
2:10 PM				
2:15 PM				
2:20 PM				
2:25 PM			100m Final	
2:30 PM				
2:35 PM	100m Final			
2:40 PM				
2:45 PM				
2:50 PM				
2:55 PM				
3:00 PM				
3:05 PM				
3:10 PM			1500m Final	Triple Jump (7m/9m/11m)
3:15 PM				
3:20 PM	1500m Final			
3:25 PM				
3:30 PM				
3:35 PM				
3:40 PM				
3:45 PM				
3:50 PM				
3:55 PM				
4:00 PM				
4:05 PM				
4:10 PM				
4:15 PM			Medley Relay	
4:20 PM	Medley Relay			
4:25 PM				
4:30 PM				
4:35 PM				
4:40 PM				
4:45 PM				
4:50 PM	Closing Ceremony 45 mins			
4:55 PM				
5:00 PM				
5:05 PM				
5:10 PM				
5:15 PM				
5:20 PM				
5:25 PM				
5:30 PM				

Under 14

	BOYS TRACK	BOYS FIELD	GIRLS TRACK	GIRLS FIELD
8:30 AM				
8:35 AM				
8:40 AM				
8:45 AM				
8:50 AM				
8:55 AM				
9:00 AM				
9:05 AM			Call Room	
9:10 AM				
9:15 AM	Call Room		80mH Heat 1	
9:20 AM			80mH Heat 2	
9:25 AM				
9:30 AM	90mH Heat 1			
9:35 AM	90mH Heat 2			
9:40 AM				
9:45 AM				
9:50 AM				
9:55 AM				
10:00 AM				
10:05 AM				
10:10 AM				
10:15 AM				
10:20 AM				
10:25 AM				
10:30 AM			80mH Final	
10:35 AM		Call Room		
10:40 AM				
10:45 AM	90mH Final			Call Room
10:50 AM				
10:55 AM				
11:00 AM		Shot Put (3kg)		
11:05 AM				
11:10 AM				
11:15 AM				
11:20 AM				Discus (1kg)
11:25 AM				
11:30 AM				
11:35 AM				
11:40 AM				
11:45 AM				
11:50 AM				
11:55 AM				
12:00 PM				
12:05 PM				
12:10 PM				
12:15 PM			400m Final	
12:20 PM				
12:25 PM		Triple Jump (9m/11m)		
12:30 PM				
12:35 PM				
12:40 PM	400m Timed F 1			
12:45 PM	400m Timed F 2			
12:50 PM				
12:55 PM				
1:00 PM				
1:05 PM				
1:10 PM				
1:15 PM				
1:20 PM				
1:25 PM				
1:30 PM				Triple Jump (9m/11m)
1:35 PM				
1:40 PM				
1:45 PM				
1:50 PM	100m Heat 1			
1:55 PM	100m Heat 2			
2:00 PM				
2:05 PM				
2:10 PM			100m Final	
2:15 PM				
2:20 PM				
2:25 PM				
2:30 PM				
2:35 PM				
2:40 PM				
2:45 PM				
2:50 PM				
2:55 PM	100m Final			
3:00 PM				
3:05 PM		Discus (1kg)		
3:10 PM				
3:15 PM				
3:20 PM				
3:25 PM				
3:30 PM	1500m Final		1500m Final	
3:35 PM				
3:40 PM				
3:45 PM				
3:50 PM				
3:55 PM				
4:00 PM				
4:05 PM				
4:10 PM				
4:15 PM				
4:20 PM				
4:25 PM				
4:30 PM				
4:35 PM				
4:40 PM				
4:45 PM				
4:50 PM	Closing Ceremony 45 mins			
4:55 PM				
5:00 PM				
5:05 PM				
5:10 PM				
5:15 PM				
5:20 PM				
5:25 PM				
5:30 PM				

Under 15

	BOYS TRACK	BOYS FIELD	GIRLS TRACK	GIRLS FIELD
8:30 AM				
8:35 AM				
8:40 AM		Call Room		
8:45 AM				
8:50 AM				
8:55 AM				
9:00 AM				
9:05 AM				Call Room
9:10 AM				
9:15 AM		Long Jump		
9:20 AM				
9:25 AM			Call Room	
9:30 AM				Discus (1kg)
9:35 AM				
9:40 AM			90mH Heat 1	
9:45 AM			90mH Heat 2	
9:50 AM				
9:55 AM				
10:00 AM				
10:05 AM				
10:10 AM				
10:15 AM				
10:20 AM				
10:25 AM				
10:30 AM				
10:35 AM				
10:40 AM				
10:45 AM	Call Room		90mH Final	
10:50 AM				
10:55 AM	100mH Final			
11:00 AM				
11:05 AM				
11:10 AM				
11:15 AM				Long Jump
11:20 AM				
11:25 AM				
11:30 AM				
11:35 AM				
11:40 AM				
11:45 AM				
11:50 AM				
11:55 AM				
12:00 PM				
12:05 PM				
12:10 PM				
12:15 PM				
12:20 PM	400m Final			
12:25 PM			400m Final	
12:30 PM		Discus (1kg)		
12:35 PM				
12:40 PM				
12:45 PM				
12:50 PM				
12:55 PM				
1:00 PM				High Jump
1:05 PM				
1:10 PM				
1:15 PM				
1:20 PM				
1:25 PM				
1:30 PM				
1:35 PM				
1:40 PM				
1:45 PM	100m Final			
1:50 PM				
1:55 PM				
2:00 PM			100m Final	
2:05 PM				
2:10 PM				
2:15 PM				
2:20 PM				
2:25 PM				
2:30 PM				
2:35 PM				
2:40 PM				
2:45 PM				
2:50 PM				
2:55 PM				
3:00 PM				
3:05 PM				
3:10 PM		Shot Put (4kg)		
3:15 PM				
3:20 PM				
3:25 PM				
3:30 PM				
3:35 PM				
3:40 PM	1500m Final		1500m Final	
3:45 PM				
3:50 PM				
3:55 PM				
4:00 PM				
4:05 PM				
4:10 PM				
4:15 PM				
4:20 PM				
4:25 PM				
4:30 PM				
4:35 PM				
4:40 PM				
4:45 PM				
4:50 PM	Closing Ceremony 45 mins			
4:55 PM				
5:00 PM				
5:05 PM				
5:10 PM				
5:15 PM				
5:20 PM				
5:25 PM				
5:30 PM				

Under 15 CE

	BOYS	GIRLS
8:30 AM		
8:35 AM	Call Room	
8:40 AM		
8:45 AM		
8:50 AM		
8:55 AM		
9:00 AM	Javelin (700g)	
9:05 AM		
9:10 AM		
9:15 AM		
9:20 AM		
9:25 AM		
9:30 AM		
9:35 AM		
9:40 AM		
9:45 AM		
9:50 AM		Call Room
9:55 AM		
10:00 AM		
10:05 AM		
10:10 AM		
10:15 AM		
10:20 AM		
10:25 AM		Long Jump
10:30 AM		
10:35 AM		
10:40 AM		
10:45 AM		
10:50 AM		
10:55 AM		
11:00 AM		
11:05 AM		
11:10 AM		
11:15 AM	High Jump	
11:20 AM		
11:25 AM		Javelin (500g)
11:30 AM		
11:35 AM		
11:40 AM		
11:45 AM		
11:50 AM		
11:55 AM		
12:00 PM		
12:05 PM		
12:10 PM		
12:15 PM		
12:20 PM		
12:25 PM		
12:30 PM		
12:35 PM		
12:40 PM		
12:45 PM		
12:50 PM		
12:55 PM		800m Heat 1
1:00 PM	800m Heat 1	
1:05 PM		
1:10 PM		
1:15 PM		
1:20 PM		
1:25 PM		
1:30 PM		
1:35 PM		
1:40 PM		
1:45 PM		
1:50 PM		
1:55 PM		
2:00 PM		
2:05 PM		
2:10 PM		
2:15 PM		
2:20 PM		
2:25 PM		
2:30 PM		
2:35 PM		
2:40 PM		
2:45 PM		
2:50 PM		
2:55 PM		
3:00 PM		
3:05 PM		
3:10 PM		
3:15 PM		
3:20 PM		
3:25 PM		
3:30 PM		
3:35 PM		
3:40 PM		
3:45 PM		
3:50 PM		
3:55 PM		
4:00 PM		
4:05 PM		
4:10 PM		
4:15 PM		
4:20 PM		
4:25 PM		
4:30 PM		
4:35 PM		
4:40 PM		
4:45 PM		
4:50 PM	Closing Ceremony 45 mins	Closing Ceremony 45 mins
4:55 PM		
5:00 PM		
5:05 PM		
5:10 PM		
5:15 PM		
5:20 PM		
5:25 PM		
5:30 PM		

Multi-Class

	BOYS & GIRLS
8:30 AM	
8:35 AM	
8:40 AM	
8:45 AM	
8:50 AM	
8:55 AM	
9:00 AM	
9:05 AM	
9:10 AM	
9:15 AM	
9:20 AM	
9:25 AM	
9:30 AM	Call Room
9:35 AM	
9:40 AM	
9:45 AM	
9:50 AM	
9:55 AM	
10:00 AM	
10:05 AM	
10:10 AM	
10:15 AM	B/G MC Javelin (Various)
10:20 AM	
10:25 AM	
10:30 AM	
10:35 AM	
10:40 AM	
10:45 AM	
10:50 AM	
10:55 AM	
11:00 AM	
11:05 AM	
11:10 AM	
11:15 AM	
11:20 AM	
11:25 AM	
11:30 AM	
11:35 AM	
11:40 AM	B/G MC 400m
11:45 AM	B/G MC 400m
11:50 AM	
11:55 AM	
12:00 PM	
12:05 PM	
12:10 PM	
12:15 PM	
12:20 PM	
12:25 PM	
12:30 PM	
12:35 PM	
12:40 PM	
12:45 PM	
12:50 PM	
12:55 PM	
1:00 PM	
1:05 PM	
1:10 PM	
1:15 PM	
1:20 PM	
1:25 PM	
1:30 PM	
1:35 PM	B/G MC 100m
1:40 PM	B/G MC 100m
1:45 PM	
1:50 PM	
1:55 PM	
2:00 PM	
2:05 PM	
2:10 PM	
2:15 PM	
2:20 PM	
2:25 PM	
2:30 PM	
2:35 PM	
2:40 PM	
2:45 PM	
2:50 PM	
2:55 PM	
3:00 PM	
3:05 PM	
3:10 PM	
3:15 PM	B/G MC Long Jump
3:20 PM	
3:25 PM	
3:30 PM	
3:35 PM	
3:40 PM	
3:45 PM	
3:50 PM	
3:55 PM	
4:00 PM	
4:05 PM	
4:10 PM	
4:15 PM	
4:20 PM	
4:25 PM	
4:30 PM	
4:35 PM	
4:40 PM	
4:45 PM	
4:50 PM	Closing Ceremony 45 mins
4:55 PM	
5:00 PM	
5:05 PM	
5:10 PM	
5:15 PM	
5:20 PM	
5:25 PM	
5:30 PM	

Provisional - Subject to Change

U15 CE - U15 Combined Events
Multi-Class - Separate Age Groups -U13, U14, U15

Provisional - 9 April 2024